

BRITISH JUDO

Name: Joe Ingram
Weight category: -100kg
Club: Coventry Judo Club/
British Judo Performance Institute
Coach: Steve Gawthorpe
Date of birth: 01/06/82
Home town: Coventry
Place of residence: Dartford
Age started judo: 23
Age gain black belt: Currently brown belt
Judo Ambition: Gold Paralympic Medal in London 2012

Previous results:

- 2010 VI World Championships - Silver
- 2010 German Open - Silver
- 2009 VI European Championships - Silver

For further information contact Nicola Turner at nicola.turner@britishjudo.org.uk or Emma Griffin at emma.griffin@britishjudo.org.uk