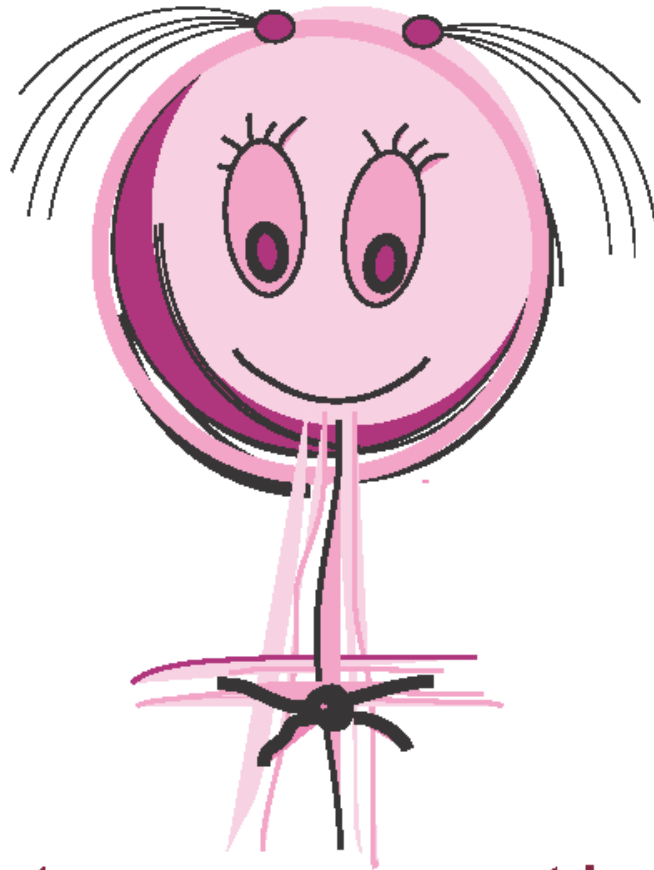


BRITISH JUDO ASSOCIATION

3RD WOMEN AND GIRLS CONFERENCE

25TH FEBRUARY 2012



**strong · gentle
beautiful**

women and girls in judo

INTRODUCTION

Over the next four years the British Judo Association is committed to promoting, developing and supporting women and girl's participation in the judo and the main aim of this third Annual Women and Girls Conference is to bring women and girls together, to explore opportunities which will contribute to an increase in female participation in all areas of the sport.

British Judo can be justly proud of the achievements of females in the sport. There are many excellent female role models both past and present within the sport and it is important to recognise them, celebrate their achievements and learn from their examples.

After the successes of the past conferences, we are looking forward to another year where female judoka will come together to share their judo experiences. There is a wealth of excellent abilities, high achievements and experience out there. We would like to present this to you in an interactive way through presentations and mat based sessions.

All Women and Girls involved in judo over 14 years of age welcome.

VENUES: **MORNING SESSION** Village Hotel, Tempus Drive, Off Junction 10, M6, Walsall WS2 8TJ

AFTERNOON SESSION Our Lady and St Chad's Catholic Sports College, Wolverhampton WV10 8BL

CONFERENCE PROGRAMME

9.30AM – 10.00AM

REGISTRATION

10.00AM – 10.10AM

WELCOME AND INTRODUCTION

Joyce Heron

BJA Widening the Market Manager

Joyce will provide an overview of what impact Women and Girl's Initiative projects have had on participation within the British Judo Association.

10.10AM – 10.25AM

"ENERGISER"

You will start the day with some fun activity with some fun physical activity! So be prepared to take your high heels off and join in.

10.30AM – 11.00AM

UPDATE ON 2012 OLYMPIC GAMES

Dr Lisa Allan

Judo Manager 2012 Olympic Games

There is increasing excitement in Britain as the 2012 London Olympics approach. Now that we are now less than two years away from the Olympic Games, Lisa will provide an overview of the judo venue, event details, logistics and volunteering opportunities.

Q&A

11.00AM – 11.20AM

COFFEE BREAK

11.35AM – 11.55AM

THE OLYMPIC EXPERIENCE

Guest Speaker

Olympian

The Olympic Dream is what motivates many sports people to push by through many barriers in order to achieve their ultimate goal. The speaker will share her own unique Olympic experience with us.

12.00PM – 12.40PM

WORKSHOPS: WHAT DO WE WANT

Kerry Finney

BJA Technical Officer

This workshop will encourage delegates to discuss what they think British Judo can do to help, support, retain and encourage women and girls within our clubs

12.40PM – 1.00PM

OFFICIATING IN THE BJA

Dawn Byrne

North West Director of Competition

Events in your clubs and areas couldn't happen without the dedication of our officials. Dawn will introduce you to the non-physical side of judo through sharing her experiences.

1.00PM – 2.00PM

LUNCH

2.00PM

Transport to Our Lady and St Chad's, for "Judo -On the Mat" practical session.

2.30PM – 4.45PM

JUDO - ON THE MAT

Loretta Cusack & Ann Fry-Hughes

Former World Champions

Claire McDonald

Former Commonwealth Silver Medallist

Our mat based session is an excellent opportunity to gain from the experience of our two ex-international female players. Loretta and Ann will focus on the technical aspects, with Claire focusing on unique judo to music (JudoFit). As this is a mat based session, candidates are reminded to bring their judogi – we recognise that not everyone participates as a judo player, there is no pressure to participate and a spectator's area is available.

For the none judo people

Dawn Byrne will introduce you to the practical side of officiating and Eileen Smithson, a judo coach for many years will deliver a session on 'Personal Safety'.

5.00PM

Transport from Our Lady and St Chad's back to Village Hotel

7.00PM

Dinner and Disco

Following all the day's activities it is time to let your hair down. Dinner will be a Hog Roast (vegetarian option available) buffet and then disco till???

BOOKING FORM

Seminar Rate

- Conference only
£30.00

Offer: Book 3 places get 4th 1 FREE

- Conference, Dinner & Evening Entertainment
£60.00
- Conference, Dinner and Accommodation, B&B
 - Single room £112.00
 - Double room £182.00 (£91 per person)
 - Family room £242.00 (£80.66 per person,
3per room)

Dinner and Accommodation is at the Village Hotel, Walsall, WS2 8JT (off Junction 10 M6)

The Village Hotel has a gym, sauna and pool which is open to guests who have booked accommodation.

Venue: Morning session:

Village Hotel
Tempus Drive
Off Junction 10, M6
Walsall
WS2 8TJ

Venue: Afternoon session:

Our Lady and St Chad's Catholic Sports College
Old Fallings Lane
Wolverhampton
WV10 8BL

Delegates Details

Title: _____

First name: _____

Surname: _____

Club: _____

BJA (or other) membership: _____

Email Address: _____

Phone: _____

Address: _____

Special Dietary Requirements: _____

Credit Card Details

MasterCard Visa Switch Maestro

Card Number: _____

CW Number: _____ Expiry Date: _____

Issue Number: _____

Signature: _____

Name and address of cardholder if different from above:

How to book

Book online at: www.onlineentries.co.uk/events/bja/

or by post to: Kerry Finney
7 Speakman Avenue
Newton-le-Willows
WA12 0NW

All cheques should be made payable to the:

British Judo Association

Substitutions, Cancellation, and Refund Policy:

Substitutions are welcome at anytime. Written cancellations made more than 4 weeks prior to the event date will be refunded. Written cancellations made two weeks or more prior to the event date will be subject to a 50% refund. Cancellations made within 2 weeks of the event date cannot be refunded. All cancellations must be made in writing. British Judo reserves the right to alter the programme without notice due to unforeseen circumstances. We also reserve the right in our absolute discretion and without further liability to cancel the programme in which all monies will be refunded. British Judo Association safeguards your data. Payment plan is available. Please contact Kerry Finney for more details on mobile: 0796 777 8121 or email: kerry.finney@britishjudo.org.uk