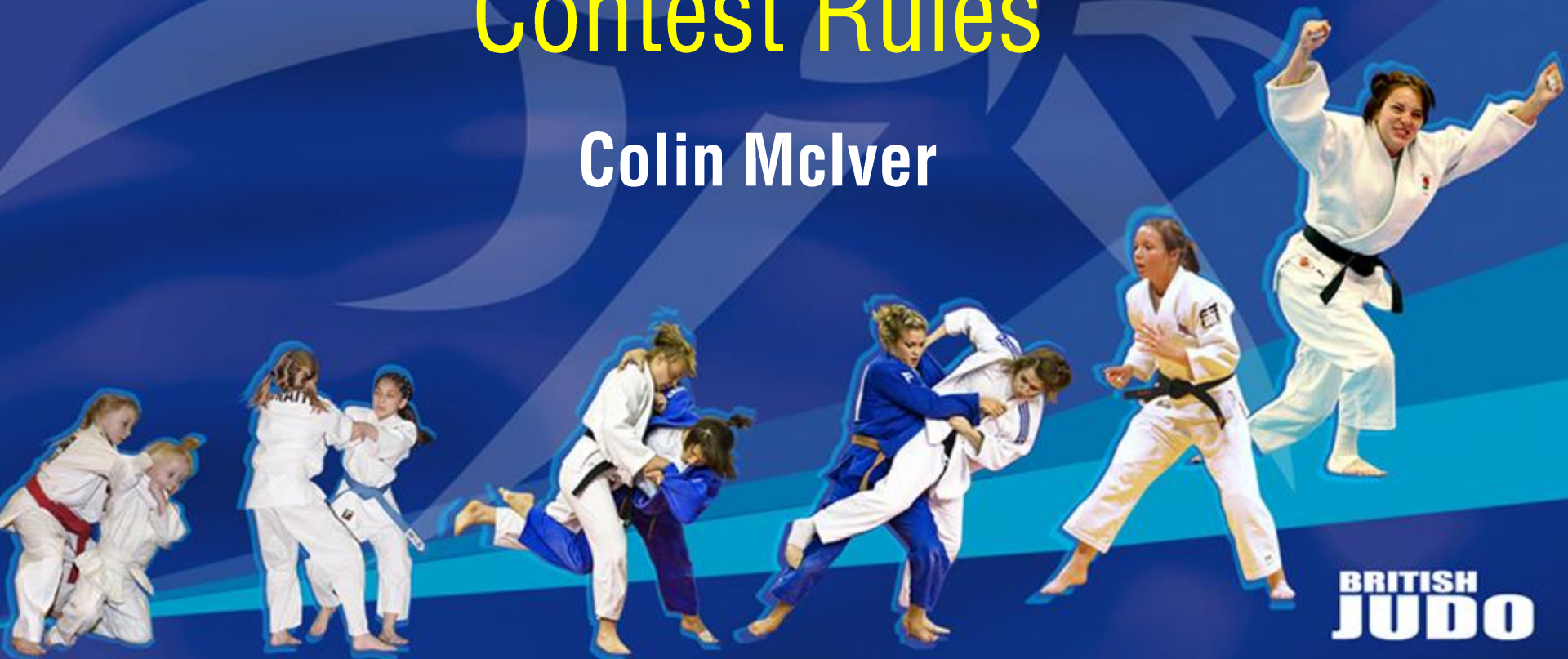


ASSOCIATION OF BRITISH JUDO

Contest Rules

Colin McIver



BRITISH JUDO

British Judo Association

2009 Technical Congress

Decision of the IJF Executive Committee

“Judo is a physical and mental education system”

The International Judo Federation’s (IJF) wish is to defend fundamental judo values. Within this scope the IJF particularly devotes itself to preserve and develop education, physical and mental aspects of Judo.

The IJF would not like to change Refereeing Rules during Olympic qualification period and, for this reason, it will proceed with the necessary experimentations and testing before the end of 2009. The final decision will be made following the Tokyo Grand Slam Tournament in being held on 11th -13th December 2009.

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Golden Score

- *Golden Score contest time will be 2 minutes*
- *Scores will remain on the scoreboard at the end of initial contest and will be taken into account during and at the end of the Golden Score contest*
- *At the end of Golden Score the referee will make a decision for the period of initial contest and the period of the Golden Score*
- *Significant tactical implications for the competitors*

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Strict application of the following rules

- *Gripping below the belt with one or two hands (not just leg grabs)*
 - *what's allowed and what's not?*
- *Extreme defensive posture*
- *Matside Coaching*

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Gripping below the belt

- *Gripping below the belt is allowed only:*
 - *as a combination attack after an initial attack(s) that is real and sincere*
 - *as counter attack within a sequence of techniques started by the opponent – the action must be continuous*

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Penalty or Not?

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Counter Attack - No Penalty

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Counter Attack - No Penalty

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Combination Attack - No Penalty

British Judo Association 2009 Technical Congress



Combination Attack - No Penalty

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Combination Attack - No Penalty

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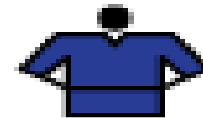
Direct Attack - SHIDO ⇒ >



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Direct Attack - SHIDO ⇒ >



British Judo Association 2009 Technical Congress



Direct Attack - SHIDO =>



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Direct Attack - SHIDO =>



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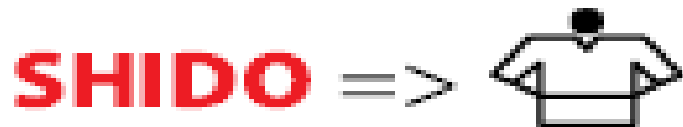
Direct Attack - SHIDO ⇒ >



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Extreme Defensive Position



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Awarding Penalties

- *For better understanding of the new rules, while giving a punishment referees will explain it by an appropriate gesture*

Matside Coaching

- *Inappropriate behaviour of coaches at matside not to be tolerated*

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Refereeing System

The contests will be refereed by only one referee without 2 referees at the corners.

The “Care” system with 2 cameras filming the contest at 2 different angles will be set up to help the one unique referee.

Control and supervision of the “Care” system will be done by the IJF Refereeing Commission

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Penalty or Not?

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What are the implications for players and coaches?

- *technical considerations*
 - *blocking*
 - *feinting attacks (habitual response)*
- *tactical considerations*
 - *defensive implications*